

INABURRA SCHOOL CANTEEN MENU

For all lunch orders please use www.flexischools.com.au

SANDWICHES	
Salmon/Tuna Sandwich	\$6.00
Double Smoked Ham	\$5.50
Fresh Cooked Chicken	\$5.50
Salad Sandwich (lettuce, cucumber, tomato, carrot, beetroot)	\$5.00
Banana Sandwich	\$4.00
Cheese Sandwich	\$3.50
Egg Sandwich	\$4.50
Honey Sandwich	\$4.00
Vegemite Sandwich	\$3.00

EXTRAS	
+ Roll/Wrap	\$1.50
+ Toasted	\$1.50
+ Single extra salad item	\$0.75
+ Salad (all 5 salad items)	\$2.50
+ GF Bread	\$1.00
White, Multigrain or GF Bread available	
No margarine used unless requested	

SALADS	
Chicken Caesar Salad	\$8.00
Roquette Salad	\$8.00
Chicken Basil Penne	\$7.00

SUSHI	
Big Crunch Rolls	\$4.50
Medium Munch Boxes	\$5.50
Rice Paper Rolls (2)	\$7.50

FRESH FRUIT & YOGHURT	
Apple, Orange, Banana	\$1.50
Watermelon Wedge	\$1.00
Yoghurt & Fruit Cup	\$3.00
Fresh Fruit Cup	\$2.50
Fruit Salad	\$6.00

DRINKS	
Milk 300ml (Choc/Strawberry)	\$3.00
Milk 500ml (Choc/Strawberry/Coffee/Vanilla)	\$4.00
Juice 375ml (Apple/Apple Blackcurrant/Orange/Pineapple)	\$4.00
Just Juice Poppers (Apple/Apple Blackcurrant/Orange/Paradise Punch)	\$1.50
Glee Sparkling Juice (Raspberry/Tropical/Blackcurrant)	\$3.00
Iced Tea (Peach lite)	\$4.50
Hot Chocolate	\$3.00
Water Bottle	\$2.50
Mineral Water	\$3.00

HOT FOOD	
Chicken & Chips	\$6.00
Quesadillas	\$5.00
Spinach Ricotta Roll	\$4.50
Sausage Roll	\$4.50
Curries	\$6.00
Pasta	\$6.00
Lasagne / Mac 'n' Cheese	\$6.00
Burgers (Chicken, Cheese, Tropical)	\$7.00
Spring Rolls	\$2.50
Chicken Crackles	\$4.00
Meat Pie	\$5.50
Sweet Potato Chips	\$2.50
Homemade Pizza	\$4.00
Hot Chips	\$2.50
Cheese and Bacon Roll	\$3.00
Garlic Bread	\$3.00
Banana Bread	\$3.50
Pulled Pork and Coleslaw Roll	\$7.00
Sauce Sachet	\$0.30
Not all items available every day	

SNACKS	
Chips (Honey Soy/Sea Salt)	\$1.50
JJs (Chicken/Salt & Vinegar)	\$1.50
Grain Waves (Sour Cream)	\$1.50
Choc Chip Cookie	\$2.50
Popcorn	\$1.50
Pretzels	\$1.50
Rice Crackers	\$1.50
Vege Chips (GF)	\$1.50
Mini Muffins	\$1.50
Pikelets	\$2.50
Banana Custard	\$3.00

FROZEN SNACKS	
Paddle Pops	\$3.00
Icy Pole	\$3.00
Gelato	\$3.00
Frosty Fruit	\$3.00
Twisted Yoghurt (Choc/Strawberry)	\$3.00
Frozen Juice Cups	\$0.80

