INABURRA SCHOOL CANTEEN MENU

Supporting Healthy Kids Canteen Policy

For all lunch orders please go to www.flexischools.com.au

SANDWICHES
- Double Smoked Ham Fresh $3.00
- Cooked Chicken $3.50
- Red Salmon/Tuna $4.00
- Banana $3.00
- Egg $2.50
- Cheese $2.50
- Honey $2.50
- Vegemite $2.00
- Salad (Lettuce, cucumber, Tomato, carrot, beetroot) $3.50

HOT FOOD
- Chicken & Chips $3.50
- Quesadilla $3.50
- Quiche/Frittata $4.50
- Fetta & Spinach Roll $3.00
- Sausage Roll (Large) $3.00
- Jamaican Chicken Curry $5.00
- Pasta $4.00
- Lasagne $4.50
- Burgers $4.50
- Thai Chicken Balls $3.20
- Spring Rolls $2.00
- Chicken Wedges $2.70
- Chicken Crackles $2.70
- Meat Pie $3.80
- Chilli Chicken Wrap $3.70
- Pizza $3.00
- Thai Green Curry Chicken $5.00
- Hot Chips $2.00
- Cheese & Bacon Roll $1.60
- Garlic Bread $1.50
- Banana Bread $3.00

EXTRAS
- Salad (as above) $1.50
- Lettuce 50c
- Tomato 50c
- Cucumber 50c
- Carrot 50c
- Cheese $1.00
- Avocado

ROLLS & WRAPS
50c Extra

TOASTED SANDWICH
50c Extra

White or Multigrain bread available. No margarine is used on sandwiches unless requested.

SALADS
$5.50 ea
- Chicken Caesar Salad
- Chicken Basil Pasta Salad
- Roquette Salad

FRESH FRUIT/YOGHURT
- Apple, Orange, Banana $1.20
- Yoghurt & Fruit $2.50
- Fresh Fruit Cup $1.50
- Watermelon Wedge 50c

Also available daily & weekly specials
### DRINKS

**MILK**
- 300ml milk (Choc, Strawb, Coffee) $2.20
- 500ml milk (Choc, Strawb, Vanilla) $3.00

**NUDIE JUICES**
- Mango Passionfruit $3.00 ea
- Cranberry Raspberry

**BERRI JUICE**
- Apple $2.30 ea
- Apple Blackcurrant Orange
- Pineapple

**JUST JUICE POPPERS**
- Apple Apple Blackcurrant Orange $1.20 ea
- Paradise Punch

**WATER BOTTLE**
- $1.50 ea

**OKF SPARKLING WATER**
- Lemon $1.50 ea
- Mango
- Grape

**FOCUS Water**
- Blackcurrant $1.50 ea
- Raspberry
- Lemonade

**QUENCH**
- Apple Raspberry $1.50 ea
- Cola
- Lime
- Blue Heaven

**MINERAL WATER**
- $2.50

**HOT DRINKS**
- Hot Chocolate $2.00
- Tea (Seniors only) $2.00
- Cappuccino (Seniors only) $3.00

### SNACKS

- Chips (Honey Soy, Sea Salt) $1.20
- JJs (Chicken, Salt & Vinegar) $1.20
- GrainWaves (Sour Cream) $1.00
- Choc Chip Cookie $1.00
- Popcorn 80c
- Pretzels $1.00
- Mamee Noodles (Chicken, BBQ) 80c
- Rice Crackers $1.00
- Vege Chips (Gluten Free) $1.20
- Mini Muffins $1.50
- Pikelets $2.00
- Jelly Custard $2.00
- Cheese & Biscuits $2.50

### FROZEN FOODS

- Yogo Ice 50c
- Fandangles $1.80
- Icy Pole $1.50
- Gelato $1.50
- Frosty Fruit $2.00
- Frozen Fruit & Yoghurt $1.80
- (Strawberry, Mango)
- Juicies $1.00

#### FROZEN FRUIT JUICE CUPS
- Apple Blackcurrant 60c ea
- Apple
- Orange