

INABURRA SCHOOL CANTEEN MENU

Supporting Healthy Kids Canteen Policy

For all lunch orders please go to www.flexischools.com.au



SANDWICHES

Double Smoked Ham Fresh	\$3.00
Cooked Chicken	\$3.50
Red Salmon/Tuna	\$4.00
Banana	\$3.00
Egg	\$2.50
Cheese	\$2.50
Honey	\$2.50
Vegemite	\$2.00
Salad	\$3.50
(Lettuce, cucumber, Tomato, carrot, beetroot)	

EXTRAS

	\$1.50
Salad (as above)	50c
Lettuce	50c
Tomato	50c
Cucumber	50c
Carrot	50c
Cheese	\$1.00
Avocado	

ROLLS & WRAPS

50c Extra

TOASTED SANDWICH

50c Extra

**White or Multigrain bread available.
No margarine is used on sandwiches
unless requested.**

HOT FOOD

Chicken & Chips	\$3.50
Quesadilla	\$3.50
Quiche/Frittata	\$4.50
Fetta & Spinach Roll	\$3.00
Sausage Roll (Large)	\$3.00
Jamaican Chicken Curry	\$5.00
Pasta	\$4.00
Lasagne	\$4.50
Burgers	\$4.50
Thai Chicken Balls	\$3.20
Spring Rolls	\$2.00
Chicken Wedges	\$2.70
Chicken Crackles	\$2.70
Meat Pie	\$3.80
Chilli Chicken Wrap	\$3.70
Pizza	\$3.00
Thai Green Curry Chicken	\$5.00
Hot Chips	\$2.00
Cheese & Bacon Roll	\$1.60
Garlic Bread	\$1.50
Banana Bread	\$3.00

Sauce: Tomato, BBQ, Sweet Chilli

30c

SALADS

\$5.50 ea

Chicken Caesar Salad
Chicken Basil Pasta Salad
Roquette Salad

FRESH FRUIT/YOGHURT

Apple, Orange, Banana	\$1.20
Yoghurt & Fruit	\$2.50
Fresh Fruit Cup	\$1.50
Watermelon Wedge	50c



Also available daily & weekly specials

DRINKS**MILK**

300ml milk (Choc, Strawb, Coffee)	\$2.20
500ml milk (Choc, Strawb, Vanilla)	\$3.00

NUDIE JUICES

Mango Passionfruit	\$3.00 ea
Cranberry Raspberry	

BERRI JUICE

Apple	\$2.30 ea
Apple Blackcurrant Orange	
Pineapple	

JUST JUICE POPPERS

Apple Apple Blackcurrant Orange	\$1.20 ea
Paradise Punch	

WATER BOTTLE

\$1.50 ea

OKF SPARKLING WATER

\$1.50 ea

Lemon
Mango
Grape

FOCUS Water

\$1.50 ea

Blackcurrant
Raspberry
Lemonade

QUENCH

\$1.50 ea

Apple Raspberry
Cola
Lime
Blue Heaven

MINERAL WATER

\$2.50

HOT DRINKS

Hot Chocolate	\$2.00
Tea (Seniors only)	\$2.00
Cappuccino (Seniors only)	\$3.00

SNACKS

Chips (Honey Soy, Sea Salt)	\$1.20
JJs (Chicken, Salt & Vinegar)	\$1.20
GrainWaves (Sour Cream)	\$1.00
Choc Chip Cookie	\$1.00
Popcorn	80c
Pretzels	\$1.00
Mamee Noodles(Chicken,BBQ)	80c
Rice Crackers	\$1.00
Vege Chips (Gluten Free)	\$1.20
Mini Muffins	\$1.50
Pikelets	\$2.00
Jelly Custard	\$2.00
Cheese & Biscuits	\$2.50

FROZEN FOODS

Yogo Ice	50c
Fandangles	\$1.80
Icy Pole	\$1.50
Gelato	\$1.50
Frosty Fruit	\$2.00
Frozen Fruit & Yoghurt (Strawberry, Mango)	\$1.80
Juicies	\$1.00

FROZEN FRUIT JUICE CUPS

60c ea

Apple Blackcurrant
Apple
Orange

